

## Keeping Busy at Peggy's Day Care

 <p>Keep the mind active</p>	 <p>Celebrate Birthdays</p>	 <p>Create for the holidays</p>	 <p>Interact with the magic table</p>
 <p>Enjoy a homemade meal</p>	<p><b>For people in the early stages of dementia and the frail elderly, come socialise, keep your mind active and make friends</b></p>		 <p>Enjoy fantastic puddings</p>
 <p>Get crafty</p>	 <p>Plant flowers and sit in the garden</p>	 <p>Keep active with physical games</p>	 <p>Keep skills like baking</p>

**Come join the fun at Peggy's World Day Service**

**We run sessions Monday – Friday 10am – 2.30pm**

**To find out more ring 01724 808108**

145 Cherry Grove, Scunthorpe, North Lincs, DN16 2TH

Email: [admin@peggyworld.co.uk](mailto:admin@peggyworld.co.uk)

## What you can expect at Peggy's

- A friendly safe place for people in the early stages of Dementia or frail elderly, to meet peers and socialise
- Keep skills such as baking and cooking & try new things
- Have discussions about the daily news, local and worldwide, encourage participation to keep the mind active
- Reminiscence sessions to get to know individuals and talk about the past, making memory books
- Listen to the music and encourage sing-a-longs and dancing
- Enjoy a home cooked meal and pudding
- Play games such as carpet bowls, darts, dominoes and others
- Interact with the Tovertafel or magic table
- When the weathers good, do some weeding, plant seeds, feed the birds or simply sit in our lovely garden
- Staff are medication trained so can administer medication
- Peggy's staff can provide transport to and from Cherry Grove if living in the Scunthorpe area (subject to availability)

## Make new friends and memories



### Alternatively visit us at:

Every Tuesday from 2pm – 4pm Peggy's Place, 145 Cherry Grove, Scunthorpe, DN16 2TH; an informal relaxed peer support session for families living with dementia, older age and/or frailty to come together and share information. Also find out how Peggy's World may be able to offer support now and the future.

